

Isagenix Multi-Enzyme Complex™

Isagenix Multi-Enzyme Complex™ is an exclusive blend of multi-enzyme complexes and nutritious Ionic Alfalfa™ proven to help improve your body's ability to digest* and absorb nutrients from foods and supplements while easing common digestive problems* such as gas, bloating, indigestion and heartburn.*

Why Are Enzymes Important?

Digestive enzymes help to break down food so your body can absorb nutrients more efficiently to improve overall health and to ease digestive challenges.*

Who Needs Enzymes?

All adults need enzymes! Your body slowly loses its natural enzymatic balance as it ages and is exposed to antibiotics and pollutants. This can cause your body to lose its natural ability to efficiently breakdown nutrients. Enzymes will help your body to receive the nutrients it needs while reducing digestive problems.*

What Makes Multi-Enzyme Complex Unique?

Multi-Enzyme Complex is unique and effective because it delivers a full complement of enzymes covering a broad pH range. It helps your body to break down and use many common hard-to-digest foods, such as beans, dairy products, meats and complex carbohydrates. Most enzyme products do not provide a such full spectrum of support. Moreover, it contains patented enzymes – Protogenix™, Carbogenix™ and Legugenix™.

What Benefits Does Multi-Enzyme Complex Provide?

Greater Energy

- Multi-Enzyme Complex includes the patented Carbogenix™ enzyme blend, which is clinically proven to help you utilize complex carbohydrates better for longer-lasting energy.

Helps You Build Muscle

- The patented Protogenix™ enzyme blend found in Multi-Enzyme Complex is clinically proven to triple your amino acid absorption, which helps you build muscle.

Improved Digestive Health*

- To complete the formula, Multi-Enzyme Complex also includes Legugenix™, Lipagenix™, Lactagenix™ and Cellugenix™ to help you break down legumes, certain fats, milk sugars and plant fibers, reducing recurring digestive challenges.*

Improved Nutritional Cleansing

- Multi-Enzyme Complex can greatly improve your Nutritional Cleansing benefits by increasing the absorption of nutrients, including those found in the Isagenix® Cleanse products.



Directions - Take one capsule daily, ideally 30-60 minutes prior to largest meal.

Supplement Facts

| Serving Size 1 Capsule | Servings Per Container 30 |
|---|---------------------------|
| Amount Per Serving | % Daily Value* |
| Multi-Enzyme Complex 185mg | † |
| Protogenix™‡, Carbogenix™‡, Legugenix™‡, Lipagenix™ (lipase), Lactagenix™ (lactase), Cellugenix™ (phytase), amyloglucosidase, Ionic Alfalfa™. | |

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

‡ Protected under patent nos. 5,387,422, 5,817,350, and 5,436,003.

Other ingredients: Maltodextrin, vegetable capsule, magnesium stearate.

Note: If you are pregnant, nursing, diabetic, on medication, have any medical condition, or are beginning a weight control program, consult your physician before using this product or making any other dietary changes. Discontinue use if allergic reaction occurs.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Ionic Alfalfa™

The latest advancement in nutritional supplementation is here! Ionic Alfalfa™ combines alfalfa with more than 70 organic trace minerals that are ionized for accelerated delivery. This combination greatly enhances the superior overall health benefits of minerals for improved well-being.

**ISAGENIX®**
World leader in nutritional cleansing.™

How Does Multi-Enzyme Complex Compare to Other Enzyme Products On the Market?

Multi-Enzyme Complex provides a greater range of support than other enzyme products on the market. Not only does it provide a full complement of clinically proven, vegetarian enzymes, but it also covers a broad pH range.

| Per One Capsule | Isagenix Multi-Enzyme Complex™ | Beano® | Lactaid® Fast Act | Nature's Sunshine® Digestive Enzymes | ProHealth Vital Enzymes |
|---|--------------------------------|--------|-------------------|--------------------------------------|-------------------------|
| Breaks down protein and increases amino acid absorption | Yes | No | No | Yes | Yes |
| Breaks down fats | Yes | No | No | Yes | Yes |
| Converts complex carbs into long-lasting energy | Yes | No | No | Yes | No |
| Breaks down dairy to alleviate symptoms of lactose intolerance* | Yes | No | Yes | No | No |
| Breaks down plant fibers and alleviates symptoms of galacto-intolerance such as gas, bloating and diarrhea* | Yes | Yes | No | No | Yes |
| pH range | Broad | Broad | Broad | Limited | Limited |
| Vegetarian | Yes | Yes | Yes | No | No |

Frequently Asked Questions

How do I use Multi-Enzyme Complex?

As part of your Isagenix® system, take at least one capsule daily, ideally 30–60 minutes prior to your largest meal. For greater benefits, take one capsule prior to every non-IsaLean® meal for enhanced nutrient absorption. You can also take one with your IsaLean® Shake or Soup to enhance the enzyme benefits already found in these complete meals.

Why do I need Multi-Enzyme Complex?

More than 87% of people report having digestive issues. The full range of enzymes found in Multi-Enzyme Complex offers a complete solution for improved nutrient absorption, providing greater overall health and digestive health.

How does Multi-Enzyme Complex enhance Nutritional Cleansing?

Multi-Enzyme Complex can help restore your natural enzymatic balance to improve the body's ability to receive the nutrients it needs.

How does Multi-Enzyme Complex help me have longer-lasting energy?

Carbohydrates are the primary nutrients that fuel the body's energy production. Unfortunately, they are difficult to digest. Multi-Enzyme Complex helps you break down complex carbohydrates to provide you with lasting energy.

How does Multi-Enzyme Complex help me build muscle?

By helping your body digest protein, Multi-Enzyme Complex increases your absorption of amino acids, which helps you build quality muscle faster.

Can I take Multi-Enzyme Complex and FiberPro together?

Yes. These products work in conjunction to promote overall improved digestive health.*

Is Multi-Enzyme Complex safe for children?

Multi-Enzyme Complex is safe for children who can swallow capsules. However, the product was designed to support adult needs.

Is Multi-Enzyme Complex a vegetarian product?

All the enzymes found in Multi-Enzyme Complex are derived from natural, vegetarian sources.

What other Isagenix products include enzymes?

The IsaLean® Shakes and Soups also include enzymes. Multi-Enzyme Complex offers enzyme support for your non-IsaLean® Meals and additional enzyme support for your shakes and soups.

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Isagenix FiberPro™

Isagenix FiberPro™ is a revolutionary new fiber supplement that contains a blend of five plant fibers, prebiotics, probiotics, citrus bioflavonoids and nutritious Ionic Alfalfa™. It helps to strengthen your digestive and cardiovascular health* while improving nutrient absorption and your body's natural ability to cleanse impurities.* FiberPro can greatly enhance your Nutritional Cleansing and total health and wellness lifestyle.

Why Is Fiber Important?

A daily intake of 25 to 35 grams of fiber can provide long-term support for optimum health.*

Who Needs Fiber?

Everyone! Less than 10 percent of Americans get their recommended daily intake of fiber. All adults interested in promoting digestive and heart health should consider fiber supplementation.

What Makes FiberPro Unique?

It is the combination of multiple fiber sources—including prebiotic fiber—along with six strains of probiotics and citrus bioflavonoids that makes FiberPro unlike any other fiber supplement on the market today. Additionally, because FiberPro is fully soluble and flavorless, this advanced formula is easy to incorporate into the things you already eat. It will dissolve into any liquid and you can cook with it! FiberPro is the perfect supplement to help fill the gap between the amount of fiber you are getting and what you should be getting.

What Benefits Does FiberPro Provide?

Gentle Cleansing

- FiberPro encourages regularity with insoluble fiber that gently cleanses the digestive tract and colon, and soluble fiber that absorbs and eliminates impurities.
- By helping to eliminate impurities, FiberPro aids Nutritional Cleansing.

Improved Digestive Health*

- The probiotics in FiberPro repopulate the colon with healthy bacteria and help reduce the number of unhealthy bacteria for improved digestion.*
- The prebiotic fiber in FiberPro feeds the healthy bacteria and helps it to grow, which aids in nutrient absorption.

Improved Heart Health*

- The soluble fiber in FiberPro supports cardiovascular health.*

Weight Management Support

- FiberPro adds an additional 5 grams of fiber per serving for a greater feeling of fullness, which helps to curb appetite.

Additional Support

- The fiber in FiberPro helps regulate blood sugar by slowing the absorption of carbohydrates for diabetes support.*
- With an increase in fiber, FiberPro supports prostate health.*



Directions - Stir 1 scoop in your beverage of choice daily. Store in a cool, dry place.

Supplement Facts

| Serving Size 1 scoop (6 g) | Servings Per Container 30 |
|---|---------------------------|
| Amount Per Serving | % Daily Value* |
| Calories 10 | |
| Total Carbohydrate 6 g | 2% |
| Sugars 0 g | |
| Fiber 5 g | 20% |
| Sodium 20 mg | 1% |
| Potassium 95 mg | 3% |
| Prebisol Multi-Fiber Complex™ 5716 mg | † |
| Fibersol®-2, arabinogalactan, guar gum, inulin, citrus bioflavonoids, apple pectin, beet root, Jerusalem artichoke (<i>Helianthus tuberosus</i>). | |
| Active6 Complex™ 270 mg | † |
| <i>Lactobacillus acidophilus</i> , <i>L. casei</i> , <i>L. rhamnosus</i> , <i>L. plantarum</i> , <i>Bifidobacterium breve</i> , <i>B. longum</i> | |
| Ionic Alfalfa (<i>Medicago sativa</i>) juice concentrate 10 mg | † |
| * Percent Daily Values are based on a 2,000 calorie diet. | |
| † Daily Value not established. | |

Fibersol®-2 is a registered trademark of Matsutani America, Inc.

Note: If you are pregnant, nursing, diabetic, on medication, have any medical condition, or are beginning a weight control program, consult your physician before using this product or making any other dietary changes. Discontinue use if allergic reaction occurs.

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Ionic Alfalfa™

The latest advancement in nutritional supplementation is here! Ionic Alfalfa™ combines alfalfa with more than 70 organic trace minerals that are ionized for accelerated delivery. This combination greatly enhances the superior overall health benefits of minerals for improved well-being.

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World leader in nutritional cleansing.™

How Does FiberPro Compare to Other Fiber Products On the Market?

Not only does FiberPro provide a combination of prebiotics, probiotics and bioflavonoids for superior results, it also features a completely soluble form with 5 grams of fiber per serving. Plus, as a milk and gluten free product, FiberPro is gentle enough to help anyone gain better digestive health.*

| Per Serving | Isagenix FiberPro™ | Metamucil® Unflavored Smooth Texture Sugar Free | Benefiber® Powder | ReNew Life® FiberSmart™ | Fiber35 Diet Sprinkle Fiber™ | Herbalife® Active Fiber |
|--------------------------|--------------------|---|-------------------|-------------------------|------------------------------|-------------------------|
| Types of Fiber | Multiple Sources | Psyllium Hulls | Wheat Dextrin | Multiple Sources | Acacia | Multiple Sources |
| Dissolvable | Yes | No | Yes | No | Yes | Yes |
| Tasteless | Yes | No | Yes | No | Yes | Yes |
| Prebiotics | Yes | No | No | No | No | Yes |
| Probiotics | Yes | No | No | Yes | No | No |
| Safe for Pregnant Women? | Yes | No | Yes | Yes | Yes | Yes |
| Bioflavonoids | Yes | No | No | No | No | No |
| Milk/Gluten Free | Yes | Yes | No | Yes | Yes | Yes |

Frequently Asked Questions

How do I use FiberPro?

As part of your Isagenix® system, take one to two servings daily. Each serving adds 5 grams of fiber to help you fill the gap in getting the recommended daily amount of fiber. For each serving, stir 1 scoop into your beverage of choice. It will dissolve in any liquid, including water, juice, yogurt, IsaLean® Shakes and Soups and even Cleanse for Life™! You can also get creative with it and add FiberPro to your cooking and baking!

Why do I need FiberPro?

More than 95 million North Americans suffer from recurring digestive problems that can be easily alleviated by including enough prebiotic fiber and probiotics in the diet. The advanced formulation of FiberPro and its fully soluble form make it an ideal way to incorporate supplementation of these key nutrients into your daily routine.

How does FiberPro enhance Nutritional Cleansing?

By gently enhancing regularity and increasing the removal of impurities, FiberPro is an ideal addition to Nutritional Cleansing and any total health and wellness lifestyle.

How much fiber should I be getting daily?

Studies indicate that adults should have a daily intake of 25 to 35 grams of fiber. The five grams of fiber in every serving of FiberPro help close the gap on this deficiency and complement the fiber you receive from IsaLean® Shakes and Soups.

Can FiberPro help me if I have Type 2 diabetes?

Research performed by the American Diabetes Association reveals that certain fibers may help in managing Type 2 diabetes by helping to slow the absorption of carbohydrates. Please check with your doctor.

How can FiberPro help gastrointestinal and colon health?

FiberPro promotes bowel regularity and promotes cleansing of the colon.*

How can FiberPro help me with weight management?

FiberPro promotes the feeling of being full that can help curb appetite.

Can I take FiberPro and IsaFlush!® at the same time?

Yes. FiberPro and IsaFlush!® work in partnership to help promote bowel movement regularity and colon health.* IsaFlush!® provides magnesium to help relax the colon, peppermint to help calm the digestive system and bentonite and black walnut hulls to absorb and eliminate impurities.* FiberPro includes soluble fiber to promote regularity and insoluble fiber to absorb impurities which increases the cleansing action.

Can I take FiberPro and Multi-Enzyme Complex together?

Yes. These products work in conjunction to promote overall improved digestive health.*

Is FiberPro safe for children?

Yes. Children should take half a serving of FiberPro daily to encourage good digestive health.*

Is FiberPro gluten and lactose free?

Yes.

What are bioflavonoids?

Bioflavonoids are natural substances known for their antioxidant potential.

How can I use FiberPro with other Isagenix® products to increase my fiber intake?

Adding one serving of FiberPro to an IsaLean® Shake delivers 12 total grams of fiber. One serving added to an IsaLean® Soup delivers 9–10 total grams of fiber. Plus, one serving of our SlimCakes® will add an additional 9 grams of fiber!

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