



# Personal Development System



Isagenix® offers an incredible journey shared by amazing people. We invite you to begin your path to self-discovery and personal growth by attending our series of world-class personal development training sessions.

The Isagenix Personal Development System is led by Master Trainer and Life Coach David Wood. He is an internationally recognized trainer who has coached thousands of people to maximize their potential and achieve greater personal and professional success. David developed the innovative curriculum for these programs and oversees our team of talented trainers.

“My philosophy is simple, ‘real people need real results.’ Things they can take home and apply immediately with their spouses, children, friends and community; things that allow them to be open and available, authentic and in the moment.”  
-David Wood, Master Trainer

## Journey to the Stage 1

**Open to Any Rank • Two Days**

**\$147**

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Journey to the Stage 1 (JTTS 1) is the doorway into the “Isagenix Training Community” — a community that is committed to truth, authenticity, openness, acceptance and fun. This program is the beginning of an ongoing journey that will lead to “mastery” in all areas of your business and personal lives.

This program is open to all Associates regardless of your rank or experience level. It’s the foundation of the Mastering the Stage series and is required for all Isagenix trainers who wish to train at corporate events. This program is offered at a very low cost to encourage graduates to attend multiple times to build comfort, confidence, and to gain mastery of the subject matter.

JTTS 1 is the basis for all of your future trainings, meetings, presentations and events. You will also begin to discover the challenges you face in your business and all other areas of your life and how you can overcome them.

What you will learn at Journey to the Stage 1:

- To Meet Your “Imposter” — “The Inner Voice That Stops You”
- Your First 10 Steps Template — “Your Training Safety Net”
- The Training Template — “It’s Easy, Interactive and Fun”
- Accelerated & Whole Brain Learning — “Engaging All of the Senses”
- Mastering the Telephone — “Building Your Business Like a Pro”
- Your First 10 Step Telephone Template — “Your Telephone Safety Net”
- Your Team Call Template — “Your Daily Event”
- The Art of Connection — “A True Conversation With Your Audience”
- That your life is a stage and each moment is your journey

## Journey to the Stage 2

**Consultant and Above • Two and a Half Days**

**\$250**

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Journey to the Stage 2 (JTTS 2) builds upon the training skills that you have already started developing and practicing from Journey to the Stage 1.

JTTS 2 unlocks the key to discovering your inner power and tapping into your “true authenticity and charisma.” You will learn systems to command and how to control an audience of any size in a fun and positive way, plus the secrets to establishing a true connection.

This certification program is available for Consultants and above and completes the Journey to the Stage series and prepares you for Mastering the Stage.

What you will learn at Journey to the Stage 2:

- Unlocking Your Personal Power — “Awaken the Sleeping Giant”
- Commanding Presence — “The Key to True Charisma”
- Importance of Feedback — “The Foundation of True Personal Growth”
- Interactive Processes & Games — “Learning Through Laughter and Fun”
- Mastery of the Unexpected — “Flowing With ‘What If?’”
- Logistics — “Setting Up for Success”
- Accelerated Learning — “Music, Movement, Color and Sharing”
- Your Opportunity Meeting Template — “Your Weekly Event”

## Mastering the Stage

**1 Star Golden Circle and Above • Four Days**

**\$999**

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“Only someone who devotes themselves to a cause with their whole strength and soul can be a true master. For this reason mastery demands all of a person.”

- Albert Einstein

After completing Journey to the Stage 1 & 2, your mission towards mastery of yourself and the stage continues. As a Journey to the Stage graduate, you have started experimenting with the training templates and are beginning to see the incredible difference in your own opportunity meetings, home presentations and team training calls.

Mastering the Stage builds upon your training from Journey to the Stage 1 & 2 and rewards you for your hard work and commitment to developing your skills to become a Master Trainer by offering three separate certifications (product, compensation plan and compliance).

What you will learn at Mastering the Stage:

- Product Certification — “The How, the Whys and Benefits”
- Compensation Plan Certification — “Gain Financial Freedom”
- Compliance Certification — “The Foundation On Which We Build”
- Isagenix Super Saturday Template — “Putting It Into Action”
- Integrating the Templates — “It All Comes Together”
- Subliminal Learning — “The Hidden Lessons”
- Advanced Accelerated Learning — “Unconscious Competence”
- Advanced Logistics — “Proven Techniques For Success”
- Defeating the “Imposter” — “Silence the Inner Critic”
- Stepping into Your Personal Power — “The Giant Has Awoken”
- Your Super Saturday Template — “You Are the Event”

## The Enlightened Trainers Circle

**1 Star and Above • Four and a Half Days**

**\$1,695**

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The Enlightened Trainers Circle is advanced education for trainers and Mastering the Stage graduates who are committed to their journey of mastery of the stage and their lives. This is four and a half fully interactive and experiential days that promises to be one of the highlights of your life.

What you will learn at The Enlightened Trainers Circle:

- The Art of Improvisation — “Preparing to Be Unprepared”
- Masterful Storytelling — “The Ancient Art”
- The Intimacy of True Connection — “Self, One-On-One, One-On-Thousands”
- Authenticity — “The Journey From Head to Heart”
- Program Design and Development — “The Creative Force”

## Beyond Courage

**2 Star and Above • Five Days**

**\$1,995**

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Featured in one of North America’s most beautiful coastline and majestic mountain settings (Santa Barbara, California), Beyond Courage is five fully experiential and totally incredible days that promises to be one of the highlights of your life.

Join Master Trainer David Wood on the event of a lifetime as you discover what it means to live “Beyond Courage,” beyond your limitations, beyond any doubts and beyond what you could have ever dreamed was possible for your life.

David is one of the world’s most down-to-earth, real and effective trainers. Beyond Courage is his masterpiece that will unlock your desire to squeeze the juice out of every second of your life while making a significant difference in the lives of everyone around you.

Live “Beyond Courage” and paint your own masterpiece on the canvas of your life.

What you will learn at Beyond Courage:

- The Freedom to Be Yourself, Without Apology
- The Power of Living With Integrity
- Inspired Leadership
- The Power of State Change
- The Power of Sharing Authenticity
- The Intimacy of Truly Connecting With Other People
- The Power of Living With Integrity, Aligned With Your Highest Values.
- The Natural Sense of Well-Being and Ease That Emerges From Relaxing Into Yourself
- The Joy of Loving Your Life, Just As It Is

## Master Trainer David Wood

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The Isagenix® Personal Development System is led by Master Trainer and Life Coach David Wood, who has lived, traveled and worked in more than 40 countries worldwide. He has grown multiple million- and multi-million dollar companies and helped thousands of entrepreneurs and network marketers achieve remarkable levels of success.

He was a lead trainer for Peak Potentials Training, the fastest and largest growing personal development company in the world and is internationally recognized as the “Trainers’ Trainer.”

Known for his uncanny ability to read his audience and move people to the next level in their lives, his programs are exciting, engaging, effective and fun.

“My life is the greatest personal development program I have ever attended. Falling in love with who I am and where I really am in my life allows me to discover the present and begin to taste the ecstasy that each moment holds.”



-David Wood, Master Trainer

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To register for these events, visit the Events section of your Back Office.  
Questions? Contact [Events@Isagenix.net](mailto:Events@Isagenix.net).