



Build a Successful Cleansing Support System:

1. Make a list of all the people who influence your behavior—friends, family and co-workers.
2. Talk with the people on your list about your Cleansing and Fat Burning System.
 - a. The Cleansing and Fat Burning System is your first step toward your best possible health.
 - b. Cleansing is the missing link to weight loss and improved health.
 - c. The act of cleansing removes impurities from your body and replenishes nutrients, which helps you naturally gain energy and lose weight.
3. Explain that their support will play an important role in your success.
4. If your family and friends have questions about the process, show them the products and System Guide when they arrive.