

Healthy chocolates to lose weight and feel great.

When your brain is low on “feel-good” chemicals it will search for sugar, junk food and caffeine to artificially boost your energy and mood. IsaDelight Plus™ is specially formulated with green tea extract, amino acids, antioxidants, B vitamins and minerals to help ease hunger and sugar cravings. The creamy Milk Chocolate and delicious Dark Chocolate squares will also boost your energy, mood and fat-burning metabolism. **So indulge, guilt-free!**

What are the benefits of this power-packed chocolate?

- Boosts mood and energy
- Curbs cravings
- Helps burn fat
- Only 50 calories each
- Low in sugar, equal to 1/8 of an apple
- No artificial sweeteners, trans fats or gluten



Dr. Paul Anderson, M.D.

Formulator of
IsaDelight Plus™
Milk Chocolate and
Dark Chocolate

Dr. Anderson has been a Pain Management Specialist for over 21 years and uses nutrition combined with all-natural, drug-free treatments for people suffering from pain, depression and seeking weight loss. He has a Multi-Disciplinary Board Certificate from the American Academy of Pain Management and is the Founder of the Natural Pain Relief Centers. He and his team have spent the last several years researching and developing natural treatments and supplements to help people suffering from pain, sleep, mood and weight problems.

“IsaDelight Plus has played an important role on Cleanse Days and back-to-back Deep Cleanse Days in managing good moods and better hunger control. The secret to its success is the brain healthy formula of green tea extract, amino acids, vitamins and minerals that also improves fat burning metabolism.”

Dr. Paul Anderson
Formulator of IsaDelight Plus



IsaDelight Plus™

Delicious, creamy chocolates with power-packed benefits!

by Dr. Paul Anderson, M.D.

Curb cravings with creamy milk chocolate and delicious dark chocolate infused with green tea extract.



Why you need IsaDelight Plus

Obesity is a growing epidemic.

- **Worldwide obesity has more than doubled since 1980**
- **In 2010, nearly 43 million children under age 5 were overweight**
- **In 2008, 1.5 billion adults (20 and older) were overweight. Of these, 500 million were obese**
- **Obesity is preventable**

Healthy snacks that satisfy cravings and taste good play an important role in losing weight and keeping it off. The scientists at Isagenix know that one of the most popular food cravings is chocolate. IsaDelight Plus—Milk Chocolate and Dark Chocolate squares—were formulated to help curb unhealthy cravings and increase those “feel-good” chemicals in the brain, especially on Shake and Cleanse Days, which are an important part of the Isagenix 30-Day Cleansing and Fat Burning System.



What's Your IsaDelight?

IsaDelight Plus Dark Chocolate or NEW Milk Chocolate

Power-packed, delicious dark chocolate for those who prefer the dark side.

Our original flavor packs amazing health benefits into a gourmet-grade dark chocolate that is 100% ethically traded and grown on family farms. It's made of 70% non-alkalized cocoa powder, produced by a low temperature process, preserving the cocoa's potent antioxidants. Two pieces equal the antioxidant power of one cup of green tea, with an ORAC value of more than 5,700 (ORAC value measures antioxidant power), which is equivalent to a cup of wild blueberries. At just 50 calories a piece, you can indulge in a healthy "pick me up" without spending your daily calorie budget.



Power-packed chocolate with a kiss of organic milk.

New IsaDelight Plus Milk Chocolate has a delicious, creamy, milk chocolate taste. Isagenix scientists sourced a 100% organic, single bean chocolate that is the best chocolate available. To that we added a hint of organic milk from grass-fed cows to create a 50 calorie indulgence for Shake Days, Cleanse Days or any day. More than 50% of people prefer the taste of milk chocolate over dark, especially adolescents and teens. IsaDelight Plus Milk Chocolate is a great alternative to sweeter tasting candy bars and high-fat junk foods that are full of toxins, chemicals and harmful additives and preservatives.

Both the Dark and Milk Chocolate formulas pack an antioxidant boost from green tea extract, and a brain-healthy blend of B vitamins, minerals and essential amino acids that help improve mood, curb cravings and burn fat.

IsaDelight Plus in your body.

Fat-burning and antioxidant protection: Includes 125mg of green tea extract that supports fat burning and guards cells against the effects of free-radicals. Numerous studies have linked the antioxidant in green tea (EGCG) to positive health benefits, including better weight management, cellular health and increased life span.

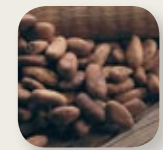
Good mood and energy: During a woman's cycle or change of life, "feel-good" chemicals can drop, which can cause sugar cravings and bad moods. IsaDelight Plus regulates brain chemistry with a special blend of B vitamins, minerals and essential amino acids to keep you energetic and happy.

Better willpower: Treating yourself to 1 to 2 chocolates up to twice a day, takes the edge off Cleanse Days by curbing cravings and strengthening your will to cleanse. Best taken on an empty stomach or 2 to 3 hours after a meal.



What makes IsaDelight Plus unique?

Instead of artificial fillers, our healthy chocolates have natural ingredients that do wonders for the body.



Phenylalanine – A natural essential amino acid that supports healthy dopamine and endorphin levels in the brain, important for improved mood.

Niacinamide – B vitamin that supports healthy tryptophan and serotonin levels in the brain to help regulate appetite, sleep and mood.

Inositol – A compound involved in supporting serotonin levels in the brain.

GABA and glycine – Inhibitory neurotransmitters in the brain that also relax muscle tension. GABA with glycine is the main anti-stress system in the brain.

Taurine – An inhibitory neurotransmitter involved in the release of GABA in the brain.

Green tea extract – An antioxidant that may boost metabolism and fat burning.

Folic acid, B-12, magnesium and calcium – Essential nutrients involved in proper neuron function.



If you want to feel great, lose weight and curb cravings while eating delicious chocolate, then IsaDelight Plus is for you!

Dr. Mark Kimes, D.C.
Carmel, CA



IsaDelight Plus is incredible. I am excited about the addition of green tea for even more antioxidant protection. My hunger was kept at bay for hours and I felt more energized and focused.

Susan Sly
Kingston, Ontario



After eating just two IsaDelight Plus, my energy was fantastic and my moods were even better. It is so creamy and smooth. The green tea is a wonderful addition!

Burcay Ozer
New York, NY

