

TOTAL HEALTH AND WELLNESS SYSTEM™

FAST FACTS



For individuals who want to maintain their healthy weight using a flexible, long-term program.
Great start for people with health challenges.



ISALEAN® SHAKE—A delicious, creamy, nutritionally complete meal replacement that takes your health and performance to new levels.

- Contains 23 grams of the highest quality undenatured New Zealand whey and casein protein and superior amino acid complex.
- Helps you maintain lean body mass.
- Lower lactose levels for easier digestion.
- Contains our exclusive blend of supercharged trace minerals.
- Enzyme activated to help maximize absorption of key nutrients.
- Clinically proven to support great weight-loss results and weight management.



CLEANSE FOR LIFE®—A complete nutritional body cleanse that aids the body's natural ability to remove impurities that you're exposed to on a daily basis.

- Feeds and nourishes your body, unlike traditional cleanses which deplete your body. Not a laxative or a diuretic.
- Encourages safe and effective weight loss.
- Boosts mental and physical energy and endurance.
- Contains over 100 nutrients, including ionic minerals, antioxidants, Aloe Vera and gentle cleansing herbs that helps support the body's vital functions and immune system.



IONIX® SUPREME—A nutrient-rich, rejuvenating drink that restores and protects the body and helps increase your ability to perform mentally and physically.

- Specialized adaptogens energize your cells and adapt your body to any form of stress.
- Contains over 100 specially sourced ingredients from around the world.
- Antioxidants and adaptogenic herbs helps support mental and physical performance.
- Contains our advanced supercharged blend of trace minerals, which support the body's vital functions.



ANTIOXIDANTS—A full spectrum of natural antioxidants found in fruits and vegetables that helps to support a healthy and young body by defending against free-radical damage.

- Contains the highest quality of antioxidants including beta-carotene, vitamin C, E, milk thistle extract, glutathione and CoQ10.
- Helps to enhance immune defense, promoting wellness and protecting the body against illness.

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FAST FACTS CONTINUED



ESSENTIALS FOR MEN™—Powerful multivitamin and mineral formula specifically designed to sustain and promote the best possible health for men.

- Includes premium B vitamins that support stamina, energy, endurance and mental concentration.
- Contains adaptogens, which support overall health and endurance, while also helping to reduce symptoms of stress.
- Promotes prostate health.
- Rich in antioxidants for immune strength.



ESSENTIALS FOR WOMEN™—Powerful multivitamin and mineral formula specifically designed to sustain and promote the best possible health for women.

- Includes select herbs, magnesium and phytonutrients that reduce discomfort from monthly cycles and life transitions.
- Contains calcium for lasting bone strength.
- Promotes healthier hair, skin and nails.
- Contains bioflavonoids and antioxidants that help reduce signs of aging.